

MediCard Sprint Triathlon

Fontana, Clark, Pampanga
Sunday, November 10, 2019

Rank	Bib	First Name	Last Name	Team Name	Category	Swim	T1	Bike	T2	Run	Total
1	1	Erika Nicole	Burgos	GetCoachD	F 15-17	0:10:12	0:01:03	0:44:53	0:00:55	0:27:23	1:24:26
2	2	Angela	Salientes	Cruz Control Multisport	F 15-17	0:10:26	0:02:39	1:02:32	0:01:57	0:45:19	2:02:53

Rank	Bib	First Name	Last Name	Team Name	Category	Swim	T1	Bike	T2	Run	Total
1	4	Franchesca Ezzabella	Joves	Team Sundown Training	F 18-24	0:09:02	0:01:15	0:47:15	0:00:44	0:28:32	1:26:49
2	6	Riana	Mallari	Sante Barley	F 18-24	0:12:45	0:02:16	0:46:56	0:01:25	0:31:55	1:35:17
3	8	Alessandra Isabelle	Puno	Performance Kinetix	F 18-24	0:12:43	0:02:06	0:52:53	0:01:37	0:34:54	1:44:14
4	9	Bea	Ylen		F 18-24	0:11:33	0:02:03	0:57:48	0:01:15	0:32:53	1:45:32
5	7	Isabella	Pedersen		F 18-24	0:20:03	0:03:46	0:59:44	0:01:02	0:33:18	1:57:53
6	3	Waby	Liberia	Bike King	F 18-24	0:23:11	0:02:54	1:05:59	0:01:17	0:43:41	2:17:03
	5	Therese	Malapad	Sun Life	F 18-24						DNS

Rank	Bib	First Name	Last Name	Team Name	Category	Swim	T1	Bike	T2	Run	Total
1	12	Kath	Lagunsad	Sante Barley	F 25-29	0:14:13	0:01:38	0:43:43	0:01:40	0:26:30	1:27:44
2	15	Janina	Paredes	Revv Multisport	F 25-29	0:13:03	0:02:28	0:46:52	0:01:40	0:28:45	1:32:47
3	11	Charlotte	Jackson	FIT PH	F 25-29	0:16:03	0:02:01	0:45:43	0:01:00	0:31:59	1:36:46
4	16	Clara	Tan	Shell V-Power	F 25-29	0:16:11	0:02:35	0:49:01	0:01:50	0:29:49	1:39:26
5	14	Isabel	Parco	Army Navy South Tri	F 25-29	0:12:55	0:02:38	0:50:46	0:01:33	0:34:11	1:42:04
6	13	Veronica	Limcaoco		F 25-29	0:14:33	0:03:54	0:48:58	0:03:14	0:39:57	1:50:36
7	10	Erna	Agoo		F 25-29	0:25:01	0:03:29	1:01:15	0:01:16	0:28:48	1:59:49

Rank	Bib	First Name	Last Name	Team Name	Category	Swim	T1	Bike	T2	Run	Total
1	18	Alessandra	Castaneda	Medicard Tri Team	F 30-34	0:11:17	0:01:56	0:45:27	0:01:32	0:32:12	1:32:24
2	24	Lowilyn	Paiso	Beauties and the Beasts	F 30-34	0:17:21	0:02:49	0:46:12	0:01:07	0:27:34	1:35:04
3	20	Majalya	Fernando		F 30-34	0:16:13	0:02:23	0:46:43	0:01:04	0:32:35	1:38:58
4	17	Debbie	Bonghanoy	Mob Ph Booster C Cycling Team	F 30-34	0:19:07	0:02:05	0:45:50	0:01:24	0:32:56	1:41:23
5	28	Ria Angela	Sangel		F 30-34	0:19:33	0:02:49	0:51:09	0:01:26	0:31:29	1:46:26

6	19	Diana Marie	De Guzman	Team Marquez	F 30-34	0:21:45	0:02:47	0:47:55	0:02:25	0:34:56	1:49:48
7	25	Kristin Charlotte	Peña		F 30-34	0:20:42	0:03:05	1:03:36	0:02:09	0:33:10	2:02:42
8	29	Debbie Allene	Santos	Endure Multisport	F 30-34	0:21:02	0:04:10	1:02:51	0:01:53	0:33:40	2:03:37
9	23	Mayla	Napud	TRIHard.PH	F 30-34	0:21:54	0:03:38	1:07:36	0:02:49	0:39:51	2:15:48
10	21	Jennifer	Gan	Mob Ph Booster C Cycling Team	F 30-34	0:31:40	0:04:07	0:58:45	0:02:08	0:41:47	2:18:28
	22	Jaycee	Maralit	Shell V-Power	F 30-34						DNS
	26	Aimee	Pineda		F 30-34						DNS

Rank	Bib	First Name	Last Name	Team Name	Category	Swim	T1	Bike	T2	Run	Total
1	30	Ma. Lourdes	Cabero	Banayad	F 35-39	0:14:21	0:01:42	0:45:14	0:01:37	0:26:52	1:29:46
2	31	Sarah Marie	Eraña	Medicard Tri Team	F 35-39	0:13:45	0:02:15	0:47:09	0:01:12	0:35:10	1:39:31
3	32	Toni Camille	Favis	Medicard Tri Team	F 35-39	0:15:19	0:02:39	0:45:54	0:02:07	0:36:38	1:42:37
	33	Sherlene	Solatorio		F 35-39						DNS

Rank	Bib	First Name	Last Name	Team Name	Category	Swim	T1	Bike	T2	Run	Total
1	35	Shy	Sison-Vesagas	Revv Multisport	F 40-44	0:14:43	0:03:52	0:55:14	0:02:02	0:33:43	1:49:34
2	162	Jocelyn	Lopez	Team Sundown Training	F 40-44	0:26:36	0:03:22	0:34:28	0:01:23	0:47:06	1:52:56
3	34	Irene	B. Benitez		F 40-44	0:17:57	0:03:48	1:08:25	0:01:45	0:43:59	2:15:54
4	138	Mirasol	Pineda		F 40-44	0:19:10	0:04:02	1:14:39	0:02:33	0:43:13	2:23:36

Rank	Bib	First Name	Last Name	Team Name	Category	Swim	T1	Bike	T2	Run	Total
1	36	Griselda	Go	Medicard Tri Team	F 45-49	0:18:48	0:02:45	0:53:14	0:04:22	0:40:11	1:59:19
	37	Elaine	Katindoy	Team Katz	F 45-49						DNS

Rank	Bib	First Name	Last Name	Team Name	Category	Swim	T1	Bike	T2	Run	Total
1	41	Ymelle	Reyes	Team Godspeed	F 50-above	0:15:15	0:02:42	0:54:51	0:01:08	0:34:47	1:48:44
2	40	Emily	Lu	Team Godspeed	F 50-above	0:19:40	0:02:11	0:52:05	0:01:03	0:34:39	1:49:38
3	38	Carolyn	Cabrera		F 50-above	0:23:14	0:03:35	0:51:38	0:02:09	0:39:20	1:59:56
4	39	Trixie	Halaguena	Team Aviair Aviation	F 50-above	0:18:50	0:03:19	0:56:24	0:03:03	0:38:56	2:00:31
5	42	Joanna	Tan		F 50-above	0:23:26	0:05:49	0:56:44	0:02:29	0:42:50	2:11:18
	168	Mariela	Powell		F 50-above						DNS

Rank	Bib	First Name	Last Name	Team Name	Category	Swim	T1	Bike	T2	Run	Total
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1	66	Richard Anson	Navo	THE NEXT STEP TRI	M 15-17	0:08:49	0:01:05	0:36:56	0:00:41	0:21:14	1:08:46
2	65	Adrian Thomas	Dionisio		M 15-17	0:08:49	0:01:06	0:36:56	0:00:39	0:22:16	1:09:46
3	67	Lorenzo Joaquin	Solda	PMMA MULTISORT	M 15-17	0:09:13	0:01:05	0:37:14	0:00:41	0:22:32	1:10:45
4	64	Jacob	Blanch	GS Coaching	M 15-17	0:12:10	0:01:20	0:38:35	0:01:09	0:22:27	1:15:40

Rank	Bib	First Name	Last Name	Team Name	Category	Swim	T1	Bike	T2	Run	Total
1	68	Reuven	Alzaga		M 18-24	0:11:48	0:01:05	0:35:27	0:00:50	0:22:44	1:11:54
2	72	Jonathan	Reyes	Team Sundown Training	M 18-24	0:09:48	0:01:00	0:38:46	0:00:46	0:21:36	1:11:56
3	161	Yoejan	Prudente		M 18-24	0:12:13	0:01:13	0:36:56	0:00:59	0:21:24	1:12:45
4	69	Samuel Kurt	Gloria		M 18-24	0:11:14	0:04:05	0:32:31	0:01:08	0:46:05	1:35:02
5	70	Jeoff	Lagunsad		M 18-24	0:15:28	0:04:20	0:53:09	0:01:31	0:32:21	1:46:49
	71	Polo	Mallari	Velocity Tri Team	M 18-24						DNS

Rank	Bib	First Name	Last Name	Team Name	Category	Swim	T1	Bike	T2	Run	Total
1	77	Gianmarco Anton	Sibayan	GS Tri Team	M 25-29	0:10:04	0:01:04	0:38:10	0:00:46	0:22:59	1:13:02
2	73	Jhon Henry	Bueron	Team Marquez	M 25-29	0:12:50	0:01:23	0:38:10	0:00:59	0:22:38	1:15:59
3	164	Jesus	Rivera	Fatcheetas	M 25-29	0:15:34	0:01:08	0:41:54	0:01:16	0:24:02	1:23:53
4	76	Patrick	Pecson	Shell V-Power	M 25-29	0:13:40	0:02:30	0:45:09	0:01:19	0:28:07	1:30:45
5	78	Willie	So		M 25-29	0:13:02	0:01:34	0:45:17	0:01:08	0:33:45	1:34:46
6	79	Luis Paolo	Sotto		M 25-29	0:17:02	0:02:18	0:45:40	0:02:40	0:33:24	1:41:04
7	75	Jaime	Jimenez		M 25-29	0:17:32	0:05:47	0:53:51	0:02:05	0:29:30	1:48:45
	74	Kevin	Dionisio	Masumax-Unison	M 25-29						DNS

Rank	Bib	First Name	Last Name	Team Name	Category	Swim	T1	Bike	T2	Run	Total
1	84	Florante	Balderas	Sante Barley	M 30-34	0:11:30	0:01:30	0:35:57	0:00:55	0:23:38	1:13:30
2	85	Mark Jester	Cajucom	ROW 4	M 30-34	0:12:06	0:01:25	0:36:55	0:00:50	0:23:55	1:15:10
3	96	Robert Archibald	Patricio	ActiveHealth	M 30-34	0:13:14	0:01:42	0:39:18	0:01:13	0:24:39	1:20:07
4	92	Raffy	Hernandez	Team Marquez	M 30-34	0:12:24	0:02:04	0:39:27	0:02:02	0:26:54	1:22:51
5	101	Marc	Seguiente	Team Marquez	M 30-34	0:14:24	0:01:32	0:42:44	0:01:00	0:23:57	1:23:38
6	80	Rolando	Alquero	Tri Clark Pampanga's Best	M 30-34	0:14:52	0:01:31	0:40:40	0:01:17	0:25:58	1:24:18
7	100	Carlos Benedict	Santos	Team Sundown Training	M 30-34	0:14:20	0:01:18	0:43:37	0:01:03	0:29:15	1:29:34
8	93	Ki Fung Kelvin	Lam	WHO TRIBE	M 30-34	0:15:03	0:02:15	0:45:32	0:01:21	0:27:39	1:31:49
9	86	Angelo	Cantalejo	Team Sundown Training	M 30-34	0:12:50	0:03:07	0:48:44	0:02:24	0:27:25	1:34:29

10	98	Regie	Ronquillo	Medicard Tri Team	M 30-34	0:16:49	0:03:56	0:41:44	0:02:25	0:31:18	1:36:12
11	88	Silvester	Carlos	Team Cabalen Runners	M 30-34	0:19:27	0:03:45	0:45:29	0:01:24	0:30:15	1:40:20
12	81	Ceazar Ryan	Aquino	UP Diliman	M 30-34	0:18:22	0:02:32	0:45:21	0:01:41	0:33:28	1:41:24
13	83	Rafael Gino	Auditor		M 30-34	0:14:32	0:03:07	0:48:31	0:03:03	0:37:18	1:46:31
14	82	Kenneth	Arellano		M 30-34	0:20:31	0:02:53	0:54:54	0:01:16	0:30:48	1:50:22
15	90	Danwell	Cefre	GRC Tri Team	M 30-34	0:25:17	0:03:39	0:48:47	0:02:39	0:33:54	1:54:16
16	99	Heinzer	Santos	Endure Multisport	M 30-34	0:24:37	0:02:59	0:53:32	0:03:33	0:32:42	1:57:23
17	95	Romulo	Pangilinan	Trinics	M 30-34	0:23:39	0:03:42	0:26:42	0:29:21	0:35:33	1:58:58
18	89	Zander Paul	Carlos	Team PAL (Philippine Airlines)	M 30-34	0:18:51	0:06:30	0:56:52	0:03:13	0:40:57	2:06:24
19	91	Enrico	Escala		M 30-34	0:15:42	0:04:09	1:00:29	0:01:57	0:45:05	2:07:22
20	94	John Angelo	Lim	Better Tri team	M 30-34	0:19:31	0:03:11	0:54:25	0:04:01	0:47:20	2:08:28
21	27	Paolo	Rodriguez	Velocity Tri Team	M 30-34	0:24:25	0:04:06	0:56:47	0:02:14	0:51:20	2:18:53
	87	Pierre Nicolo	Cardenas	South Dreamers	M 30-34						DNS
	97	Carlo	Pineda		M 30-34						DNS

Rank	Bib	First Name	Last Name	Team Name	Category	Swim	T1	Bike	T2	Run	Total
1	112	Bryan	Lucas	Shell V-Power	M 35-39	0:13:14	0:01:50	0:36:35	0:00:47	0:23:26	1:15:53
2	159	Rikcy	Busran		M 35-39	0:12:27	0:01:59	0:38:21	0:02:02	0:26:39	1:21:28
3	103	Michael	Cortes	Trifam	M 35-39	0:12:46	0:02:10	0:41:27	0:01:34	0:25:59	1:23:56
4	114	Eugene	Mejia	Lugawmen	M 35-39	0:14:53	0:02:09	0:39:26	0:01:03	0:26:57	1:24:27
5	102	Marvin	Castillo	Lugawmen	M 35-39	0:18:11	0:02:21	0:40:31	0:01:08	0:23:42	1:25:53
6	109	Angelo	Leano	Medicard Tri Team	M 35-39	0:12:06	0:01:29	0:42:56	0:00:57	0:28:26	1:25:54
7	118	Pj	Tan	Baeoman	M 35-39	0:12:11	0:01:21	0:39:44	0:01:23	0:33:47	1:28:25
8	165	Kim Ramos	Jaako		M 35-39	0:13:21	0:01:52	0:42:43	0:01:42	0:29:08	1:28:47
9	108	John Henry	Lajarca		M 35-39	0:16:11	0:02:41	0:41:33	0:01:39	0:27:38	1:29:42
10	117	Joey	Santos	Lugawmen	M 35-39	0:22:09	0:02:00	0:41:47	0:01:04	0:26:05	1:33:05
11	105	Mark	Estrada	Medicard Tri Team	M 35-39	0:13:54	0:03:08	0:45:01	0:02:58	0:29:38	1:34:40
12	116	Bryan	Retiro	Cruz Control Multisport	M 35-39	0:23:17	0:03:25	0:39:23	0:01:55	0:29:48	1:37:49
13	113	Abelardo	Marva		M 35-39	0:17:19	0:02:38	0:45:25	0:02:03	0:33:19	1:40:44
14	110	Franz	Lim	Greenhills Tri Team	M 35-39	0:16:07	0:05:58	0:50:29	0:02:48	0:36:27	1:51:49
15	107	Ramoncito	Gonzales	Medicard Tri Team	M 35-39	0:15:43	0:03:23	0:49:09	0:03:09	0:42:48	1:54:11
16	115	Feruel	Patalagsa	Cruz Control Multisport	M 35-39	0:24:23	0:03:25	0:54:39	0:01:16	0:35:23	1:59:07
17	106	Allan	Follante		M 35-39	0:23:57	0:03:08	0:58:01	0:03:36	0:51:14	2:19:56

104	Omar Jordan	Domingo	Smart Tri Team	M 35-39	DNS
111	James Alfred	Lim		M 35-39	DNS
119	Ejay	Ventura	ventura swim works	M 35-39	DNS

Rank	Bib	First Name	Last Name	Team Name	Category	Swim	T1	Bike	T2	Run	Total
1	121	Marvin Raymund	Baldemor	Army Navy South Tri	M 40-44	0:12:15	0:01:04	0:39:54	0:01:05	0:23:09	1:17:26
2	136	Alvin	Panganiban	Lakan Tri	M 40-44	0:12:19	0:01:37	0:37:36	0:01:07	0:26:21	1:19:00
3	127	John Paul	Fontillas	Trifam	M 40-44	0:12:33	0:01:34	0:38:11	0:01:04	0:25:59	1:19:20
4	160	TJ	Cadungog		M 40-44	0:12:17	0:01:54	0:39:18	0:01:24	0:26:50	1:21:44
5	163	Archie	Reyes	Praetorian Tri Team	M 40-44	0:14:17	0:01:39	0:42:43	0:01:16	0:27:17	1:27:12
6	132	Jesus Gerardo	Magsaysay	Team Sundown Training	M 40-44	0:11:45	0:01:30	0:46:10	0:01:01	0:28:03	1:28:30
7	137	Jeffrey	Pineda		M 40-44	0:14:25	0:01:34	0:42:38	0:01:03	0:29:36	1:29:16
8	122	Jp	Cabero	Banayad	M 40-44	0:14:25	0:02:12	0:40:33	0:01:46	0:30:23	1:29:18
9	124	Lester	Castillo		M 40-44	0:14:17	0:02:48	0:48:35	0:01:16	0:28:06	1:35:03
10	126	Dennis Boy	Ferry	Tri - road spin warrior	M 40-44	0:14:45	0:01:54	0:48:10	0:01:39	0:29:41	1:36:10
11	143	Lawrence	Ticsay	PayNet- Amigo Tri	M 40-44	0:17:03	0:01:38	0:46:54	0:01:10	0:30:43	1:37:30
12	141	Jasper	Sales	Cruz Control Multisport	M 40-44	0:17:07	0:02:12	0:46:39	0:02:22	0:34:11	1:42:32
13	120	Hamilton	Angluben	PayNet- Amigo Tri	M 40-44	0:18:21	0:03:34	0:52:22	0:01:54	0:28:58	1:45:09
14	123	Leian	Cruz	Cruz Control Multisport	M 40-44	0:12:07	0:10:13	0:46:37	0:02:23	0:34:11	1:45:31
15	140	Ferdinand	S. Benitez		M 40-44	0:17:43	0:03:55	0:44:33	0:03:11	0:36:52	1:46:14
16	134	Israel	Marciano		M 40-44	0:22:10	0:03:45	0:46:12	0:01:43	0:33:22	1:47:12
17	133	Rubenrico	Marasigan		M 40-44	0:20:23	0:03:01	0:44:20	0:02:30	0:39:05	1:49:19
18	128	Richard	Galvez		M 40-44	0:22:30	0:02:43	0:45:40	0:02:28	0:37:08	1:50:29
19	130	Jerry	Gonzales		M 40-44	0:23:26	0:03:04	0:44:33	0:02:11	0:37:20	1:50:34
20	131	Abner	Gunnacao		M 40-44	0:16:33	0:03:29	0:52:49	0:03:00	0:36:43	1:52:34
21	135	Ricknel	Napud	TRIHARD.PH	M 40-44	0:13:27	0:03:11	0:54:31	0:01:34	0:44:17	1:57:00
22	139	Carlo	Poblete		M 40-44	0:19:27	0:05:13	1:02:12	0:02:07	0:35:53	2:04:52
23	142	Nathaniel	Talubo	Copssc tri club	M 40-44	0:35:27	0:03:46	1:03:24	0:02:20	0:36:39	2:21:37
	125	Jayson	Cui	Tri Waray	M 40-44						DNS
	129	Jose Jr	Garrido	Jumpstart Tri	M 40-44						DNS
	144	Lino Crisanto	Yao	ventura swim works	M 40-44						DNS

Rank	Bib	First Name	Last Name	Team Name	Category	Swim	T1	Bike	T2	Run	Total
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1	153	Romeo Mula	Marquez	Team Marquez	M 45-49	0:11:47	0:01:05	0:42:48	0:01:27	0:21:38	1:18:45
2	145	Rodrigo	Abrilla	FIT PH	M 45-49	0:14:39	0:02:12	0:39:40	0:01:32	0:24:39	1:22:42
3	155	Ronald Sonny	Quion	Globe Tri	M 45-49	0:16:15	0:02:39	0:41:24	0:01:29	0:26:15	1:28:02
4	151	Hilario	Malapad	Sun Life	M 45-49	0:13:45	0:01:37	0:43:42	0:01:26	0:28:57	1:29:27
5	157	Joseph	To	Franzia	M 45-49	0:13:49	0:02:57	0:43:14	0:02:12	0:28:38	1:30:51
6	152	Face	Maquiling	PayNet- Amigo Tri	M 45-49	0:21:56	0:02:49	0:46:48	0:01:45	0:30:24	1:43:41
7	167	Ferdinand	Bautista		M 45-49	0:14:55	0:02:57	0:48:03	0:01:26	0:36:47	1:44:09
8	156	Manolito	Tan	Tri Clark Pampanga's Best	M 45-49	0:20:04	0:03:01	0:47:50	0:03:08	0:32:08	1:46:11
9	150	Macky	Macaspac	PayNet- Amigo Tri	M 45-49	0:19:22	0:02:29	0:51:04	0:02:30	0:40:19	1:55:43
10	148	Gabby	Cui	PayNet- Amigo Tri	M 45-49	0:14:47	0:03:18	0:51:54	0:01:41	0:44:03	1:55:43
11	149	Bernard	Liberia	Bike King	M 45-49	0:20:48	0:05:14	0:50:49	0:02:48	0:39:17	1:58:56
12	158	Wilson	Uy		M 45-49	0:16:26	0:03:52	1:01:07	0:01:46	0:49:27	2:12:38
13	146	Karlos	Aleta	Team Aleta	M 45-49	0:15:37	0:03:48	1:07:51	0:03:08	0:49:58	2:20:22
	147	Dato	Arroyo	PayNet- Amigo Tri	M 45-49						DNS
	154	Allan	Oppus	PayNet- Amigo Tri	M 45-49						DNS

Rank	Bib	First Name	Last Name	Team Name	Category	Swim	T1	Bike	T2	Run	Total
1	57	Jojo	Macalintal	Trimac	M 50-54	0:11:22	0:01:59	0:37:40	0:01:09	0:24:27	1:16:36
2	56	Reujenson	Lista	Gold Tri	M 50-54	0:12:16	0:01:35	0:41:30	0:00:56	0:25:49	1:22:06
3	53	Ruben	Ercilla	Team Striders	M 50-54	0:17:00	0:01:36	0:40:09	0:01:51	0:29:28	1:30:03
4	59	Severino	Ramos	Team Ramos	M 50-54	0:16:48	0:02:15	0:46:47	0:01:38	0:33:33	1:41:00
5	63	Ramon	Veloso	PayNet- Amigo Tri	M 50-54	0:19:46	0:03:54	0:45:02	0:02:01	0:34:25	1:45:08
6	60	Arnon	Rivera		M 50-54	0:15:36	0:02:05	0:49:51	0:01:04	0:37:27	1:46:03
7	62	Doel	Torres	Lugawmen	M 50-54	0:33:33	0:02:59	0:43:14	0:01:08	0:27:30	1:48:25
8	61	Emmanuel	San Pedro		M 50-54	0:22:18	0:03:58	0:46:20	0:02:24	0:36:44	1:51:44
9	58	Roneil	Nogoy		M 50-54	0:22:36	0:03:45	0:46:30	0:01:51	0:41:29	1:56:10
10	166	Belandres	Ireneo	Team Fontana	M 50-54	0:19:54	0:04:07	0:51:58	0:04:28	1:04:36	2:25:03
	54	Larry	Ibalio	FIT PH	M 50-54						DNS
	55	Von	Katindoy	Team Katz	M 50-54						DNS

Rank	Bib	First Name	Last Name	Team Name	Category	Swim	T1	Bike	T2	Run	Total
1	50	Jesus	Fresco	Bangko sentral	M 55-59	0:19:26	0:02:29	0:47:31	0:02:45	0:33:45	1:45:56
2	52	Roger	Yamat		M 55-59	0:19:58	0:06:09	0:52:28	0:04:03	0:33:07	1:55:45

3	48	Carmelo	Lunizo		M 55-59	0:25:45	0:04:10	0:48:00	0:04:26	0:39:24	2:01:46
4	51	Joselito Fausto	Parco	Army Navy South Tri	M 55-59	0:21:04	0:04:57	0:51:58	0:02:31	0:46:35	2:07:05
	49	Dave	De Leon		M 55-59						DNS

Rank	Bib	First Name	Last Name	Team Name	Category	Swim	T1	Bike	T2	Run	Total
1	47	Dennis Anthony	Zamora	Triabetics	M 60-above	0:17:38	0:03:16	0:50:55	0:03:48	0:41:32	1:57:08
2	43	Raul	Bitong		M 60-above	0:25:18	0:07:14	0:58:45	0:04:14	0:58:58	2:34:28
3	45	Dave	Dela Torre		M 60-above	0:26:08	0:06:36	1:06:55	0:02:29	0:52:22	2:34:29
4	44	Ruben	Del Rosario		M 60-above	0:38:03	0:07:29	1:12:37	0:03:22	0:56:06	2:57:37
	46	Chito	Generoso	Sante Barley	M 60-above	0:12:31	0:02:39	0:49:09	0:02:11	0:42:15	DSQ

RELAY

Rank	Bib	First Name	Last Name	Team Name	Category	Swim	T1	Bike	T2	Run	Total
1	R3	Charmaine Lourdes Joy Daenielle	Romero Maghuyop Bea Barila	Team BYOP	All Female	0:22:31	0:01:58	0:47:13	0:01:06	0:33:19	1:46:07
2	R1	Shey Mary Jean Karysse Emmanuelle	Lam Buan San Pedro	FitPh-Pampanga	All Female	0:19:46	0:02:03	0:50:51	0:00:59	0:37:09	1:50:48
3	R2	Nina Gabryelle Imelda	San Pedro San Pedro	RWEDERYET	All Female	0:26:25	0:02:03	1:04:28	0:01:16	0:30:18	2:04:29

Rank	Bib	First Name	Last Name	Team Name	Category	Swim	T1	Bike	T2	Run	Total
1	R16	Roy Emmanuelle Ronilo John Amiel	Agapito Castro Buenviaje	Trinics	All Male	0:12:52	0:02:10	0:44:28	0:00:57	0:19:50	1:20:17
2	R13	Cris Albert Noel	Dela Cruz Bartilad Dy	Team Hunyango Multisport	All Male	0:13:34	0:01:24	0:41:22	0:01:05	0:27:16	1:24:40
3	R10	Jeremiah Bong Jon	Magsino Bernadez Montoya	Medicard Philippines Team B	All Male	0:24:03	0:01:57	0:28:55	0:00:58	0:30:46	1:26:39

4	R5	Mark Daniel Arnel John David Louie	Castro Castro Castro Pangilinan	Castro Family	All Male	0:13:44	0:01:34	0:44:53	0:01:05	0:30:25	1:31:41
5	R4	Ryan Jiv Jun Jose	Zoilo Ramirez Caparas	BYOP	All Male	0:13:02	0:01:43	0:46:02	0:00:52	0:30:29	1:32:08
6	R8	Lito Pj Timothy	Vicencio Garcia Dadia	Ice Ice Tubig	All Male	0:16:20	0:01:50	0:44:35	0:01:27	0:34:49	1:39:00
7	R9	Nicky Timothy Marlowe	Montoya Dadia Magadia	Medicard Philippines Team A	All Male	0:15:04	0:02:41	0:43:58	0:01:11	0:37:32	1:40:27
8	R15	Evan Eric Dominic	Lizardo Tanbauco De Leon	Team K triathlon	All Male	0:22:43	0:02:07	0:51:28	0:01:30	0:32:19	1:50:07
9	R7	Eleazar General Mcjerrus Miguel	Samalca Lansangan Rianzares	FitPh-Pampanga	All Male	0:23:03	0:02:45	0:51:49	0:02:16	0:32:07	1:52:00
10	R6	Jonas Ariel Carlos Robert	Guingab Alfonso Ching	Chinitos	All Male	0:12:10	0:01:37	0:55:16	0:01:14	0:47:42	1:58:00
11	R14	Wilbert Wil Anton Robert Rafael	Ching Ching Kaluag	Team Jubilee	All Male	0:14:38	0:01:57	1:06:07	0:01:54	0:34:04	1:58:40
12	R12	Manuel Manuel Joel	Torres Torres Togores	QTips	All Male	0:28:26	0:02:41	0:52:35	0:03:01	0:54:10	2:20:53
	R27	Bernardo Alvin	Miclat Alvin	Team Fontana	All Male	0:10:08	0:01:30	0:34:00	0:00:39	0:23:06	DSQ

Rank	Bib	First Name	Last Name	Team Name	Category	Swim	T1	Bike	T2	Run	Total
1	R22	Grace Levy Levy	Ang Ang Ang	Team Ang	Mixed	0:08:38	0:01:38	0:38:24	0:01:30	0:28:11	1:18:21

2	R18	Vanessa Eman Rishi Robertino	Aguirre Serrano Ramos Borromeo	Medicard Tri Team Relay A	Mixed	0:13:18	0:02:14	0:42:55	0:00:53	0:31:02	1:30:22
3	R20	Jana Charisse Richie Raissa	Pedro Abache Ventura	Saddle Row	Mixed	0:12:24	0:01:47	0:43:37	0:01:01	0:32:36	1:31:25
4	R21	Jom Lou Carissa Andrea	Umali Agvion Lim	SHELL V-POWER	Mixed	0:13:14	0:01:57	0:50:47	0:01:08	0:29:17	1:36:23
5	R17	Dalton Jiann Amber Teena	Yulangco Yaokasin Lee	IsDA	Mixed	0:13:24	0:01:42	0:49:07	0:00:49	0:32:11	1:37:13
6	R25	Jean Pierre Jiffy Maynard	Tuason Armas Lapid	TRSTRITEAM	Mixed	0:15:44	0:01:53	0:49:05	0:00:46	0:34:01	1:41:30
7	R11	Edmar Ma. Lourdes Lester Jerome	Nulud David Chuayap	PPB Tri Team 2	Mixed	0:13:44	0:01:30	0:53:35	0:00:58	0:35:43	1:45:29
8	R19	Lester Jerome Rosemarie Jean Mark	Chuayap Chuayap Lapid	Medicard Tri Team Relay B	Mixed	0:12:48	0:02:58	0:48:08	0:00:58	0:45:41	1:50:33
9	R26	Noelito Tess Lorraine Marie	Lacsamana Pascual Quebral	PPB Tri Team 1	Mixed	0:13:24	0:02:58	1:01:05	0:01:55	0:32:21	1:51:42
10	R23	Saleha June Gerard Joseph	Sacar Policarpio Mendoza	Team BYOP	Mixed	0:22:31	0:01:54	0:52:57	0:01:06	0:35:39	1:54:07
	R24	Gerard Martin Ma. Eugenia Blanche	Mendoza Mendoza	TRINICS	Mixed						DNS